

SUP Camping Checklist

LARGE DRY BAG

SLEEPING STUFF

- Tent, tarp or hammock
- Bug net
- Sleeping bag - in its own dry bag
- Sleeping pad
- Pillow
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SPARE CLOTHES SLEEPING STUFF

- Tent, tarp or hammock
- Bug net
- Sleeping bag - in its own dry bag
- Sleeping pad
- Pillow
-

SPARE CLOTHES

- Insulated jacket - in its own dry bag
- Base layer
- Leggings
- Fleece mid layer
- Woolly hat or buff
- Gloves
- Socks
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PERSONAL ITEMS

- Headlamp
- Hygiene products
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MEDIUM DRY BAG

COOKING EQUIPMENT AND FOOD

- Stove and fuel
- Fire lighter
- Cookset
- Plates or bowls
- Cutlery and utensils
- Dish washing items (bio soap and cloth)
- Evening meal ingredients - packed in zip lock bag if necessary
- Breakfast ingredients - packed in zip lock bag if necessary
- Tea and coffee - packed in zip lock bag if necessary
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SAFETY GEAR AND OTHER ITEMS

- Spare fin
- Board repair kit
- First aid kit - in its own small dry bag
- Water filter
- Citronella candles
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SMALL DRY BAG

EASY ACCESS ITEMS

- Camera - in its own small dry bag
- Phone - in a waterproof case
- Sunscreen
- Bug spray
- Snacks
- Knife
- Towel and swimwear
- Toilet roll - in a zip lock bag
- Sunglasses
- Cap
- Waterproof jacket
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OTHER ITEMS

- Water
- Pump
- Spare paddle
- Buoyancy aid - worn at all times
- Sandals or water shoes - either worn or attached to your board
- An extra bungee cord and/or carabiner
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